

No.1/1/2016-CWCRC  
Government of India  
Central Water Commission  
( CWC Recreation Club )  
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Dated the, 17<sup>th</sup> June, 2016

**CIRCULAR**

- Subject:** 1. Celebration of 2<sup>nd</sup> International Yoga Day on 21<sup>st</sup> June, 2016.  
2. Inaguration of Gym of CWC Recreation Club.

With the aim to inculcate fitness awareness amongst the officers and staff of CWC and to promote recreation activities in CWC, Central Water Commission Recreation Club is organizing/inagurate the following activities on the occasion of **2<sup>nd</sup> International Yoga Day on 21<sup>st</sup> June, 2016** at CWC(HQ):

S.No.	Activity	Venue	Date & Time
1.	Yoga Session(demonstration and their health benefit presented by Shri Ashwani Kumar, Diploma holder in Yoga Teacher Training)	CWC Recreation Club's Chess/Carrom Room, W.B.I, 2 <sup>nd</sup> Floor, R.K. Puram, New Delhi.	21.6.2016 4 PM to 4.30 PM
2.	Inaguration of Gym(demonstration of Gym equipment and their health benefits)	CWC Recreation Club's Gym Room, W.B.I, 1 <sup>st</sup> Floor, R.K. Puram, New Delhi	21.6.2016 4.10 PM

2. Since a Large number of officers & staff have shown keen interest in participation in the above said activities, it is, requested to all the controlling officers that the CWC officers of all ranks may kindly be permitted to take part in the above said activities on 21.6.2016.

3. All the officers & staff (Men/Women), who are interested to participate in the above said activities on 21.6.2016, may kindly submit their nomination to the undersigned **latest by 20-6-16.**

4. **Chairman, CWC has kindly consented to inagurate the above said activities.**

5. Apart from the above, the following recreation activities has already been provided by CWC Recreation Club at CWC(HQ). Those officers & staff of CWC(Men/Women), who are interested to recreate themselves, use these facilities during the lunch hours:

- Chess/Carrom Room(Air conditioner) at W.B.I, 2<sup>nd</sup> Floor.
- Table Tennis Room, W.B.I, 1<sup>st</sup> Floor.
- Badminton Court(outdoor), W.B.I(near CWC Credit & Thrift Society).
- Volleyball Court at Lawn of W.B.II.
- Billiards Table facility will also be provided during the next financial year.

  
( ASHWANI KUMAR )  
Sports Secretary

Copy to:

1. PSO to Chairman, CWC.
2. PPS to all Members of CWC.
3. PS to all Chief Engineers of CWC.
4. PS to Joint Secretary, CWC.
5. PS to Secretary, CWC.
6. Director (Adm.) & Welfare Officer, CWC.
7. Director(Estt.I/II), CWC.
8. All Directors, CWC.
9. All Under Secretaries/Sr. PAO/PAO, CWC.
10. SDO(HQ)/All Section Officers/Accounts Officer, CWC.
11. All Executive Members/Members of CWC Recreation Club.
12. All Notice Boards of CWC at Sewa Bhawan and W.B.I & II.